

# Pendleton Yoga Round-Up



P E N D L E T O N , O R E G O N

**April 24-26, 2009**

**RED LION HOTEL**

*[www.pendletonyogaroundup.com](http://www.pendletonyogaroundup.com)*



Dear Friends of the Pendleton Yoga Round-Up!

It's hard to believe the event has finally arrived! The Pendleton Yoga Round-Up is a direct result of each of you helping to get the word out via email and hanging up our flyers across the United States!

Our intention is to offer a no-charge event for people to let go and breathe, amidst our chaotic and often economically stressed lives! It is such a gift that all of our participants, including Yogi Amrit Desai and all of our Instructors and Musicians, have volunteered their time and talent to assist us in creating a healing weekend.

We hope that you have an energizing and rejuvenating experience, and a weekend that will invoke a shift of consciousness in your life. This weekend, with people coming together from all across America, we have an opportunity to slow down, let go, and connect at a deeper energetic level with ourselves and others.

We would like to challenge you. When you meet your new friends, rather than ask, "Where are you from?" or "What airport did you fly into?" ...ask one another, "What is your intention for this weekend and life?"

As the response to this event has been enthusiastic, we are already committing to August 20-22, 2010 for the 2nd Pendleton Yoga Round-Up!

Together, with breath and consciousness, and time to slow down, we can return to our daily lives, with a new and refreshing outlook and the ability to be present.

Namaste and we wish you a wonderful weekend here in Pendleton, Oregon, at the first Pendleton Yoga Round-Up!

Sincerely,

**James "Kalidas" Dewar**  
Cofounder  
Pendleton Yoga Round-Up

and

**Tania "Janaki" Wildbill**  
Cofounder  
Pendleton Yoga Round-Up



## PENDLETON YOGA Round-Up April 24-26, 2009

# EVENT AGENDA

DATE	TIME	ACTIVITY
<b>FRIDAY, APRIL 24</b>	9:00 am - 1:00 pm	Vendor Setup
	2:00 - 5:00 pm	Registration for vendors and participants
	5:00 - 5:30 pm	Welcome from James and Tania
	5:30 - 6:45 pm	Yoga Class with Leah Carey
	7:00 pm	Native Invocation and Prayer and welcome from Confederated Tribes of the Umatilla Indian Reservation and the Pendleton Chamber of Commerce
	7:30 - 9:00 pm	<i>Session with Yogi Desai</i>
	9:00 - 11:00 pm	Catlin Martin and the Common Thread
<b>SATURDAY, APRIL 25</b>	7:00 - 8:30 am	Yoga Class with James Dewar
	8:45 - 9:45 am	Fred Hill Sr. — Umatilla Tribal Singer
	10:00 am - 12:00 pm	<i>Session with Yogi Desai</i>
	12:00 - 3:00 pm	Lunch & Explore Pendleton — Hamley's Western Store, Tamástslíkt Cultural Institute, Pendleton Underground Tours (reservations needed), Heritage Station Museum
	3:00 - 4:15 pm	NIA with Michelle Miller
	4:15 - 5:15 pm	Break for Dinner
	5:15 - 6:30 pm	Yoga Class with Tania Wildbill
	6:45 - 7:00 pm	Short Break
	7:00 - 8:30 pm	<i>Session with Yogi Desai and Kirtan</i>
	9:00 - 11:30 pm	Marci Curtis opens for James Dean Kindle and the Eastern Oregon Playboys (Music Performance) <i>Note: Party is at Hamley's Slickfork Saloon, Downtown Pendleton!!!</i>
	11:30 pm	Closing Om for evening Session
<b>SUNDAY, APRIL 26</b>	7:00 - 8:30 am	Yoga Class with Michelle Marino
	8:30 - 9:00 am	Short Break
	9:00 - 9:05 am	Raffle Drawing —BRING YOUR RAFFLE TICKETS!
	9:05 - 9:45 am	Sharing and Intentions
	10:00 - 11:45 am	<i>Yoga Nidra Session with Yogi Desai and closing for those not staying for the Optional Session. Closing Om for those who are choosing to leave now.</i>
	11:45 am - 12:00 pm	Short Break
	12:00 - 1:30 pm	<i>Optional: Initiation into Sitting Breath Session with Yogi Desai</i> <i>Important Note: Contact information is required to attend this optional session so that Amrit Yoga Institute staff may provide follow up continual support for the meditator.</i>
1:30 pm	Closing Om	

# Yogi Amrit Desai

Yogi Amrit Desai is a world-renowned yoga master, seminar leader and author in the field of yoga and holistic living. He is one of the earliest pioneers in bringing yoga to this country. He began teaching yoga in 1960 and is the founder of one of the largest yoga and health centers in America.

In 1970, Yogi Desai experienced a profound inner awakening that completely altered the way he practiced and taught yoga. Out of this experience, he developed a spiritual dimension to the popularly practiced body-

centered approach to yoga postures, which completely altered the notion of yoga as merely a physical discipline. The body-centered approach pays little attention to the internal aspect of yoga where stress-producing mental and emotional reactions greatly diminish the healing powers and spiritual depth of yoga.

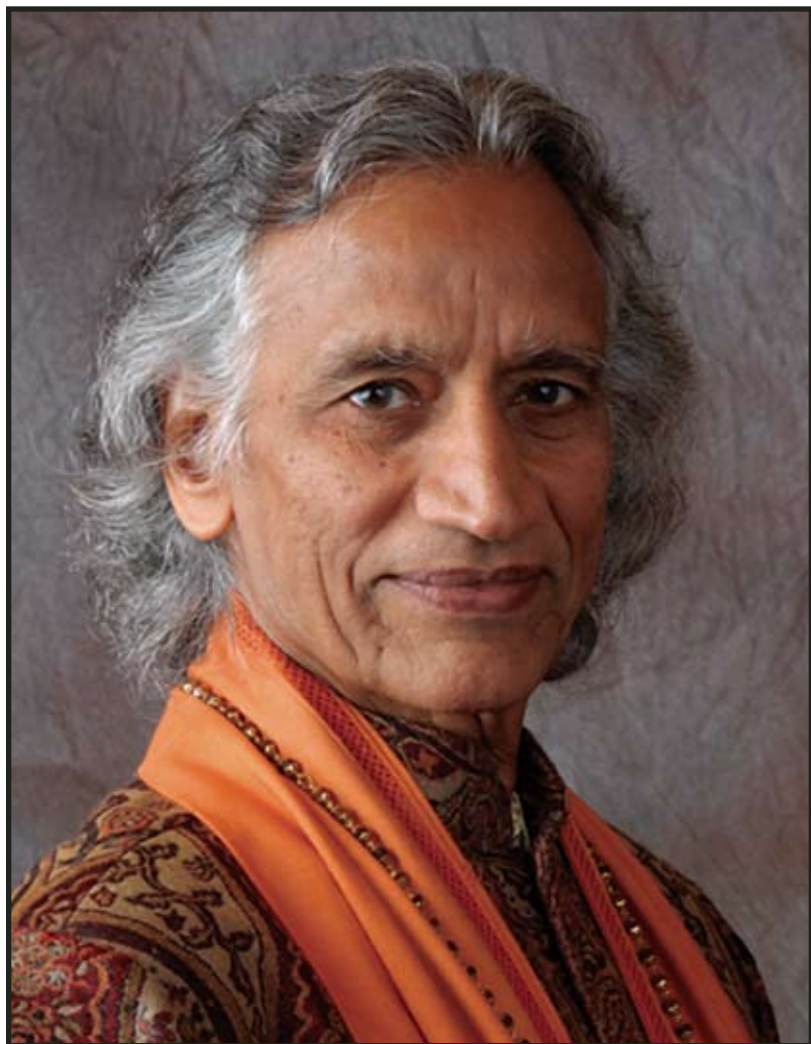
Yogi Desai called his new approach Meditation in Motion and named it Kripalu Yoga in honor of his guru. This new model of yoga became so widely adopted that today there are more than 4,000 certified yoga teachers and hundreds of thousands of practitioners all over the world. He now develops and teaches his innovative approach in the form of Amrit Yoga.

In the practice of Amrit Yoga, the dominant focus is on meditative awareness. Cultivating this awareness eliminates ongoing mental and emotional stress that undermine our ability to encounter challenges we face not just on the yoga mat but also in our personal life, business life and social life. Amrit Yoga is a metaphor for life.

This added dimension expands the scope of yoga. It extends the benefits beyond

the body, creating new possibilities to widen the range of therapeutic applications and opportunities for healing professionals and anyone on the path of self-discovery.

Being in the presence of Yogi Desai is a unique opportunity to learn directly from a true master of yoga. Thousands have experienced the awesome power of shakti embodied by Yogi Desai, which radiates through his presence. He captures the authenticity of ancient yoga by transmitting the wealth of his in-depth study, practice and direct experiences. His teachings are easy-to-adopt and integrate, not just in the practice of yoga but also in daily life.



CONTACT: [www.amrityoga.org](http://www.amrityoga.org)

# Vendors

## AMRIT KALA

*Yogi Desai educational materials — books, CDs, art, incense, oils, clothing and yoga supplies*  
 Malay Desai, Amrit Kala  
 352-685-2855  
 malay@amritkala.com  
 www.amritkala.com

## EVENT MERCHANDISE

Tania Wildbill and James Dewar  
 541-310-9102 (Tania)  
 425-829-6178 (James)  
 info@pendletonyogaroundup.com  
 www.pendletonyogaroundup.com

## WILDBILL PRODUCTIONS, LLC

*DVD of award-winning documentary, American Cowboys*  
 Cedric Wildbill and Tania Wildbill  
 541-310-9102  
 wildbill@wtechlink.us

## FRIENDSHIP WITH CAMBODIA

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 frank@umalt.com  
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## SPIRITUAL SERVICES

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## Balearic

Michelle & James's initial journey toward Balearic began years ago, both of musical inspiration. Unbeknownst to them, these personal experiences were to plant the seed for the recognition of a unique connection on their shared spiritual path of Amrit Yoga in the fall of 2008. Profoundly inspired, the blending of their knowledge and immediate execution of the technique in their own three-month daily practice from opposite coasts, their understanding of the deeper yogic teachings and their innate impact on body movement have been transformed.

Balearic is the Sacred Marriage of music, movement, and consciousness, lending itself to spontaneous, playful, and arousing internal exploration, with a bliss-like cessation of the mind. The student of Balearic becomes physically rooted in their energetic alignment and in turn is then able to channel this released energy in a manner that systematically transforms the human body experience, both interiorly and exteriorly.

It is the Balearic Islands off the coast of Spain, namely Ibiza, that house the culture that has inspired the meaning behind Balearic as a concept. A feeling. A vibration. An experience. The Islands are hailed as the electronic music mecca, a destination for the young at heart to tap into the deep internal energetic connection that drives our primal selves, lending an experience of the true Dancing Shiva within, translated as 'dancing consciousness'.

"As our personal experience of Balearic continues to evolve, the more we come to know that the concept represents a true Kundalini practice, not only for someone on a renunciate path, but rather the average human being with an ever-growing desire to know oneself on a deeper, more conscious level."

The Balearic Experience is the "Conjunctio" of the self properly aligned with the Self, the energetic merging of the psychology of the physical body with the psychology of the mind. This evolution of energetic movement takes you on an incredible journey to and from the true epicenter of your core, for the ultimate purpose of unlocking, processing, managing, and then becoming your highest vibratory Self on a more sustained level.





## James "Kalidas" Dewar

James's introduction into the YogaScape began in 1997 with an Ashtanga Yoga class. Since then, most of James's orientation has been studying with well-known Kundalini Shaktipat Master, Yogi Amrit Desai. Over the past five years as an Amrit Yoga teacher, James has taught over 2000 yoga classes in the Amrit Yoga tradition, in addition to workshops and retreats on the West Coast. This teaching experience in addition to several initiations (where name Kalidas originated) with Yogi Amrit Desai prepared James energetically for the integration of what would become known as the Balearic Method in the fall of 2008.

With limited exposure to Balearic Method techniques, James soon applied what he learned to his own personal yoga practice, immediately recognizing that this new practice is rooted in the most esoteric of ancient yogic texts.

Over the next few months, James encountered tremendous physical changes in his body along with intensified experiences of energy, both on and off the mat. More surprisingly, the changes in James's body seemed to mirror the rapid physical changes that Amrit Desai's teacher, Bapuji, experienced early on in his Kundalini sadhana. However, Bapuji's path of surrender as a renunciate monk with no possessions seemed different to James than his suburban life with a wife and two children. To James, the Balearic Method resonates with the path of the young and energetic more than a pure renunciate Kundalini approach. For this reason, James began teaching Balearic Method techniques exclusively beginning in 2009.

CONTACT: E-mail [kalidas@balearicmethod.com](mailto:kalidas@balearicmethod.com) • Cell 425-829-6178



## Michelle "Chella" Marino

Michelle is a native resident of South Florida, whose teaching history spans the past 10 years, with practical experience dating back greater than 20 years. Having become a student of yoga in 1996, Michelle received her first Hatha Yoga teacher certification through Yoga for Youth in 1998 and immediately embarked upon her yoga teaching career. In 2003, having been lovingly led to the practice of Amrit Yoga, she knew this would be her next endeavor on the path of deepening her yoga studies. This culminated in her Amrit Method certification in the fall of 2008.

In 2004, Michelle received certification as a Callanetics instructor, a practice she had been introduced to at the age of 14. Her devout Callanetics practice transformed her "exterior" as a teenager struggling with body-image and weight issues. However, it was the combination of Callanetics certification with the consciousness developed within her Amrit Yoga practice that led Michelle to an all new experience of her "interior". This new experience would take her on nothing short of a wild ride into self-discovery.

It was Michelle's lifelong passion for music that prompted her stumbling upon "Balearic". With a new Callanetics-Yoga approach in her personal practice, the music began to have a vibrational quality never felt before. Soon Michelle began to experience a deeper soulful communion with a practice that encompassed everything she loved; music, dance and yoga.

Michelle embraced Balearic as it had her. In the midst, she realized her truest gift as a teacher, to create an opening for any human being to embrace a new experience of themselves, their most Divine Selves, as a means to carry out their true purpose as a spiritual being having an in-body experience.

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# Cedric Wildbill



Cedric Wildbill is an enrolled tribal member of the Confederated Tribes of the Umatilla Indian Reservation. Together with his wife, Tania, he is the writer, producer, and director of the award winning documentary, *American Cowboys*. The show was produced in association with Oregon Public Broadcasting, and Native American Public Telecommunications and was narrated by William Hurt, Academy Award Winner.

*American Cowboys* won Best Documentary Made for Public Television at the 1999 Great Plain Film Festival in Lincoln, Nebraska. In April of 2001 *American Cowboys* won Best Documentary at the New York International Independent Film and Video Festival. A recent PBS Carriage Report, shows the documentary still running consistently (since November of 2001) on PBS affiliates across the United States.

The Wildbills also acted as the entire production crew for the documentary. Mr. Wildbill graduated from Mt. Hood Community College with an Associate Degree in Television Production Technology. He has worked at Boeing as a Media Specialist. Mr. Wildbill worked for New Directions and Umatilla County Mental Health as an Alcohol and Drug Counselor. In December of 2004, Mr. Wildbill accepted a new position as the Program Coordinator for the Small Business Service Center at Wildhorse Casino and Resort. Mr. Wildbill has been the co-owner and partner of Wildbill Productions, LLC since 1996. He has also been one of the vendor coordinators for the Pendleton Round-Up for 4 years. Cedric is also the head football coach at Nixyáawii Community School.

CONTACT: E-mail [wildbill@wtechlink.us](mailto:wildbill@wtechlink.us)



## Tania "Janaki" Wildbill

Tania Wildbill, along with her husband, Cedric, was the writer, producer, and director of the award winning documentary, *American Cowboys*. Mrs. Wildbill was also the videographer on the documentary. Wildbill graduated with a Master of Science degree in Journalism from Columbia University in New York City in 1995. Wildbill was a producer, reporter, and anchor with the Texas Associated Press Network. She also studied literature at the Sorbonne University in Paris, France and with the Institute of European Studies.

*American Cowboys* won Best Documentary Made for Public Television at the 1999 Great Plain Film Festival in Lincoln, Nebraska. In April of 2001 *American Cowboys* won Best Documentary at the New York International Independent Film and Video Festival. A recent PBS Carriage Report, shows the documentary still running consistently (since November of 2001) on PBS affiliates across the United States.

Wildbill moved to the Umatilla Indian Reservation to marry Cedric. She worked as a Production Coordinator for TCI Media Services. Later she worked as a Public Relations Specialist for Bethpage. Then as a Special Projects Coordinator for Umatilla-Morrow Education Service District. She returned for 16 months to Bethpage to work as a Vocational Coordinator serving individuals with Developmental Disabilities.

Wildbill worked as a Substitute teacher for the Pendleton School District. Today she is the Education Grant Writer for the Confederated Tribes of the Umatilla Indian Reservation and has been the co-owner and partner of Wildbill Productions, LLC, since 1996.

In 2008, Wildbill Co-Founded the Pendleton Yoga Round-Up with James Dewar. Wildbill is a certified Kripalu and Amrit Yoga Instructor and has been a Yoga Instructor in Pendleton, Oregon since 1995. Wildbill is also registered with the National Yoga Alliance (ERYT). She creates workshops for small and large groups, and has led workshops and retreats. In addition, Wildbill is a Yoga provider for the Cancer Community Renewal Project.



CONTACT: E-mail [wildbill@wtechlink.us](mailto:wildbill@wtechlink.us)

# Leah Carey



Leah grew up in the Pendleton area and developed a passion for yoga at 18 years old. Introduced to yoga by Tania Wildbill she was inspired to live at Kripalu Yoga Center for 6 months where she practiced yoga, dance, conscious living and became a yoga instructor. Over the past 12 years she has taught Hatha yoga classes in Pendleton, Portland, California and the South Pacific Islands.

Leah's classes focus on staying connected to the inner self with an emphasis on breathing, developing body and mind awareness, as well as core strength, improved posture, balance and inner confidence. Leah encourages students to listen to their bodies and work in a way that feels right and safe while having fun. Using those energies to harmonize body, mind and spirit it is an inward experience that helps to develop not only your physical strength, but your mental and spiritual strength as well.

CONTACT: E-mail [yogaleah@gmail.com](mailto:yogaleah@gmail.com)

# Michelle Miller

The Nia Technique (pronounced knee-uh), developed by Debbie and Carlos Rosas, is an expressive movement class promoting fitness, creativity and wellbeing. Moving between simple choreography (form) and freedom of movement (free dance), Nia classes combine the grace and expressiveness of dance, the power and explosiveness of martial arts, and the wisdom and stillness of yoga. Nia is done barefoot to great music.

Michelle Miller teaches Nia in downtown Pendleton, as well as Biology at Blue Mountain Community College. She brings to her classes a background in animal behavior, ecology, anatomy and physiology. She and her husband, Gary Parker, are also building the first non-load bearing strawbale house in the City of Pendleton.



CONTACT: E-mail [michelle.noel.miller@gmail.com](mailto:michelle.noel.miller@gmail.com)



[www.nianow.com](http://www.nianow.com)

## Fred A. Hill Sr.

Fred Hill Sr., was raised on the southern area of the Umatilla Indian Reservation upon McKay Creek, where he learned the Umatilla, Yakama & Nez Perce Language dialects from his late maternal Grandmother Annie Joe. His late uncle, Mr. Charles McKay, inspired him to sing as he was a drum maker and a singer. Fred began drumming at a young age, then eventually began to sing once he became acquainted with the songs his uncle and cousins sang. Fred has been a singer all of his life and today is often asked to sing for tribal ceremonials, which he finds the most meaningful when singing for his people. Having had the privilege to sit with some of the top singers in Indian Country, Fred remains humble to teach the younger generation a way of life that you have to be committed to from the heart. Today he is asked to judge drum & singing contests and thoroughly understands the types of songs needed for many of the dances of the Pow-Wow Arena. He's also been asked to be the Master of Ceremonies for several pow-wows throughout the NW Indian Reservations & Universities. Hope you enjoy the knowledge and humor of Fred Hill Sr.



CONTACT: E-mail [fred.hill@pendleton.k12.or.us](mailto:fred.hill@pendleton.k12.or.us)



## Catlin Martin and the Common Thread

As a group, Catlin Martin and The Common Thread is a cohesive group that performs a wide variety of music. They have produced one original country CD and are developing a fan base in rural Southeastern Oregon and opened last year for Tracy Lawrence at the Lake County Fair. The band has been asked to return this year to Lakeview again to open for the next big act, Aaron Tippin.

Catlin began music career his senior year of high school as a solo act in Adel, Oregon. He then went to attend college at Blue Mountain Community College studying music. While attending BMCC he met his lead guitar player (Luke Basile) and formed a duo. One year later Catlin was introduced to Charlie King (drummer) and Jeff Sak (bass), forming the Country/Rock/Blues band called Catlin Martin and The Common Thread.

Each band member has brought a new dimension to the band. Luke Basile has been playing guitar since the age of 14. Prior to his current project he not only gained experience as a solo guitarist he had the opportunity to work on sound crews and stage crew for Sour Dough Slim, Blue Oyster Cult and Kellie Pickler.

Jeff Sak's past experience also includes work as a guitarist with the "Rattlesnake Ranger". He also developed his skill set to include sound engineering. Jeff founded JLSound and has been providing engineering and recording services locally.

Charlie King's musical experience is long and broad. He has over 30 years experience from Trios to Big Bands, both in American and Ethnic styles. While in the U.S. Air Force Charlie has performed with various Blues, R& B & Polynesian groups both in the U.S. and Europe and also managed the logistics responsibilities necessary for U.S.O. shows and International tours. Charlie has worked as Assistant Business Agent and Office Manager for the Musicians Association, later he worked as Assistant Talent Agent for Majestic Talent Agency.

CONTACT: Cherie, Echo Eyes Promotions • E-mail [information@echoeyes.com](mailto:information@echoeyes.com)

Phone **541-910-7048** • [www.myspace.com/catlinmartin](http://www.myspace.com/catlinmartin)



## Marci Curtis

Marci Curtis, a native to Pendleton, Oregon, and currently residing in Salem, Oregon, has been singing for most of her life. Specializing in writing her own material with emphasis in blues, pop and jazz, Marci has a voice and sound unlike anyone else.

For 15 years Marci has been singing professionally in Oregon and California and gaining many loyal fans along the way. In the summer of 2007 Marci appeared in the movie "LA Blues" starring Anthony Micheal Hall and singing her own song, "You Boy."

Upon moving to the Salem area from LA she won the Lefty's local blues sing-off for best vocalist, which had never been won by a female. Marci continues to perform in Oregon from the coast to Salem and is grateful for the opportunity to perform and be a part of the 2009 Pendleton Yoga Round-Up.

CONTACT: E-mail [jazzccat@aol.com](mailto:jazzccat@aol.com)

## James Dean Kindle and the Eastern Oregon Playboys

James Dean Kindle has been writing songs since his teenage years and cut his teeth early on in a punk band called The Sick Kids (with childhood friend Paul Collins who now plays in the band Beirut.) He continued his solo career living at times in Portland and Eugene, Oregon, and Richland, Washington, often playing with a revolving cast of backing bands as well as a stint as a member of alt-country rockers Blue Is Cold.

When he returned to Pendleton, his long-time friends Matt, Brian and Peter naturally came together to back him up on a few songs for shows. The chemistry was familiar and soon The Eastern Oregon Playboys were formed. On his own, JD has shared showbills with artists like Pete Krebs, The Helio Sequence, Calvin Johnson, Laura Gibson and Jason Webley and with the band he's played with Point Juncture, Wa., Blitzzen Trapper and in 2008, opened for Beirut at a sold-out show at Portland's Crystal Ballroom.



James Dean Kindle and the Eastern Oregon Playboys have enjoyed tremendous response from audiences of all ages while playing venues from dive-bars, coffee shops and house parties to rodeo arenas, water parks and even medium-security prisons for inmates on good-behavior (No joke!) Two tracks from their new album have already been featured on Oregon Public Broadcasting. With all this behind them and a full-length in the bag, the band has begun recording songs for their next installment of their Depravity Hymnal.

CONTACT: E-mail [jamesdeankindle@gmail.com](mailto:jamesdeankindle@gmail.com)



## Thanks Pendleton Yoga Round-Up for Sponsoring Three Cambodian Students

**Our Mission** Friendship with Cambodia is a non-profit organization that promotes peace, kindness, and global harmony and provides charitable assistance to humanitarian projects in Cambodia.

**Our Activities** We sponsor students in school and provide small loans for women to start income generation projects. We help street children, trafficked girls, families with AIDS, and landmine survivors to start new lives. Our fair-trade crafts are produced by disadvantaged people who now have hope for their futures.

You are invited to join our next trip in January 2010 to meet the Cambodian people, experience the culture, visit our projects, and tour the temples at Angkor Wat. Our trips are tax-deductible.



**Why Cambodia?** We choose to work in Cambodia because it is extremely poor and shattered. It is still recovering from thirty years of violence, including heavy bombing, genocide, and civil war. Today there are 4-6 million landmines in the ground and every day 2-3 people step on them. Forty-five percent of the children are malnourished. Cambodia needs our help.

**Student Sponsorship** Seventy-five percent of the children in Cambodia drop out of elementary school due to poverty. For \$360 a year you can help a student finish high school. These students are bright, motivated, and deserve a chance in life. Education is key to helping Cambodians improve their situation.

### Here is one of the students Pendleton Yoga Round-Up is sponsoring:



Yet Hel is in 9<sup>th</sup> grade. Her family is so poor that she can't afford to buy school supplies and sometimes she doesn't have enough food to eat.

"I want to become a doctor in the future to help my parents and my grandmother."

You can meet her on our next trip to Cambodia.

**Friendship with Cambodia**

PO Box 5231, Eugene, OR 97405

[www.friendshipwithcambodia.org](http://www.friendshipwithcambodia.org)

541-343-3782 [cambodiaedu@hotmail.com](mailto:cambodiaedu@hotmail.com)

# Thank You!

*Thanks the following people for helping to make this event a reality:*

- Registered Participants of the Pendleton Yoga Round-Up
- Yogi Amrit Desai
- Amrit Yoga Institute, Yoga Network International, Inc.
- Nathan and Violet David Foundation
- Friendship with Cambodia
- City of Pendleton
- Pendleton City Mayor, Phil Houk
- The Pendleton Tourism Promotion Assessment Commission and Yolanda Lennon
- The Pendleton Chamber of Commerce and Leslie Carnes
- The Confederated Tribes of the Umatilla Indian Reservation
- Plateau
- Armand Minthorn and Donald Sampson
- Hamley & Co.
- The Pendleton Round-Up and Randy Severe
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- Harriet Isom
- Jacqueline Brown
- Colleen Winchester
- Leah Carey
- Michelle Miller
- Michelle Marino
- Pendleton Woolen Mills
- Tamástslíkt Cultural Institute
- Catlin Martin and the Common Thread
- Marci Curtis
- James Dean Kindle and the Eastern Oregon Playboys
- Ben Bearchum
- Andrew van den Houten
- John Close
- David Ruck
- Bob and Jackie Downie
- Rae Ann Crane
- Toni Lemmon
- Karen Eddy
- Karen Hill
- Dee Armstrong
- Cindy Kittrell
- Barbara McCanne
- Anne Stump
- Cathy Walters
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- Oxford Suites
- Relax Inn
- Holiday Inn Express
- Hampton Inn
- River Walk Bed & Breakfast
- Rugged Country Lodge
- NEIGH-bors Horse Motel Bed & Breakfast
- Knights Inn
- Rapheal Bill
- Anyone that we may have forgotten to mention before going to press

# Breathe!

## Pendleton Yoga Round-Up

**AUGUST 20-22, 2010**

**PENDLETON, OREGON**

[www.pendletonyogaroundup.com](http://www.pendletonyogaroundup.com)



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